

PLAYER EXPECTATIONS

- To give it your all; to give it everything you have... And to try and play the best you're capable of playing
- To positively support your teammates AT ALL TIMES
- To play for the person next to you (True team player)
- To be at practice on time (**Run 1 lap AFTER practice for every minute late**)
- To be at practices and games *even if hurt or injured*
- To be at games on time
- To if you're ever going to be late or have to miss a practice call our **YOUTH PROGRAM DIRECTOR** to let him know (**No texts or emails**) A phone call
- To always show good sportsmanship
- To always hustle on & off the field (**Will sit on bench if you don't**)
- To not cry or whine if something doesn't go your way (**Will sit on the bench if you do**)
- No eating lunch DURING the game (IE, Hot Dogs, Nachos or Ice Cream) (**Taken out of game if you do**)
- To always represent the team, yourself, your family in a positive manner
- **To complete homework (or as much as possible) PRIOR to coming to practice**